

JEUNE AFRIQUE AT

PARC FERMÉ
RESTAURANT

Taste of Africa Buffet

Join us for lunch on
the last Sunday of
every month
and enjoy delicious
flavours
of authentic dishes
from **East, West** and
Southern Africa.

13h00 - 18h00

8 Maude Street, Sandton Central, Sandown
Tel: +27 11 245 4846

Email: parcferme@parcferme.co.za

www.ParcFerne.co.za

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R295
per person

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African Buffet Menu

Tastes from across the African continent

- ◆ Biltong salad with mixed green leaves, feta cheese, avocado and hardboiled eggs
- ◆ Creamy coleslaw with raisins
- ◆ Vegetable couscous salad with chickpeas, flavoured with coriander and mint leaves
- ◆ Abacha salad
- ◆ Black eye pea salad with avocado, tomato and cucumber relish
- ◆ Calamari and pineapple salad with fresh coriander leaves
- ◆ Assorted homemade breads and rolls [vetkoek, roti, Dom bolo, baguette]

Soup

- ◆ Goat meat pepper soup

Hot Buffet

- ◆ Braised oxtail, slow cooked with a red wine jus
- ◆ Braaivleis/Shisa Nyama [Boerewors and chicken drumsticks]
- ◆ Assorted Egusi served with Gari
- ◆ Whole baked Panga marinated with creole spices
- ◆ Mauritian chicken curry served with traditional sambals
- ◆ Assorted vegetable soup [Goat meat, beef and tripe]
- ◆ Mogodu and morogo
- ◆ Lamb mafe
- ◆ Accompanied with Jollof rice, steamed basmati rice, fried plantain, Okra, and semolina

Desserts

- ◆ Milk tart
- ◆ Gulab jamun
- ◆ Nigerian puff puff
- ◆ Malva pudding with custard sauce
- ◆ Fresh fruit salad served with vanilla ice cream
- ◆ Crème brûlée

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